

Our topic this week is Food, Glorious Food. This week we are going to be looking at all things related to food, including different food groups and digestion.

Friday Timetable:

Please see below for our suggested timetable of lessons for today, this timetable is designed to mirror what we would have been doing in lessons in school.

9am – 9:30am – Work out and exercise.

<https://www.youtube.com/user/thebodycoach1/>

9:30am – Morning Zoom.

Lesson 1: English 9:45- 10:45

Today's lesson links to our Science lesson and you can either complete the written task before you tackle the experiment or afterwards.

It's all about learning about how the digestive system works. I have included a powerpoint to read through, instructions for the experiment and an activity to complete.

Lesson 2: Maths. 10:45am – 11:45 am

Over the next few weeks, I'd like you to learn and take part in lessons that involve solving problems with measures and money. You can be guided through these using the lessons from Oak National academy found here:

<https://www.thenational.academy/online-classroom/year-4/maths#subjects>

(Scroll down the page to find the measures and money lessons)

I have also included a workbook of measurement problems for you to tackle.

Alternatively you can continue with using khanacademy and complete the lessons set for you on here.

<https://www.khanacademy.org/>

Use the class code:

287PV2QQ

Or I will continue to set work via Mathletics.

<https://login.mathletics.com/>

1:00pm – Afternoon Zoom check in

STEM 1:30-2:30pm.

In today's Science lesson, I'd like you to see if you can create your own digestive system. You will need some resources, but these should be readily available.

The instructions and video are here.

<https://www.sciencefix.co.uk/2019/05/make-a-digestive-system-model-using-crackers-and-bananas/>

If you are not able to source the materials, then I would like you to watch the video and draw and label what is happening, based upon the video you have seen and the explanations given.

Follow your passion: 2:30-3:30pm

Do something of your choosing that follows your own passions. You could redo one of the activities from over the past few weeks or come up with something of your own. Whatever it is, I'd love to hear all about it.

If you would like to share anything with me from the day, please do so via email.

Joe