

Each week we have chosen a theme for learning. We are going to begin this week with the theme of 'Nature' and our activities involve learning more about the environment around us, getting out safely if we can and thinking about what we can do to help. Please remember to wash your hands for at least 20 seconds when you have been outdoors at all and make sure that clothes get a wash.

Monday Timetable:

Please see below for our suggested timetable of lessons for today, this timetable is designed to mirror what we would have been doing in lessons in school.

9am – 9:30am – Work out and exercise.

<https://www.youtube.com/user/thebodycoach1/>

9:30am – Morning Zoom.

Lesson 1: English 9:45 – 10:15

Access Rapid Readers at

<https://www.activelearnprimary.co.uk/login?e=-1&c=0#rapid>

Your username is your first name and surname separated by a dot, e.g. joe.leppington

The password is password123

The school code is exyc

Lesson 2: Maths - Times Tables Practise 10:30 – 11:30

Watch the supermovers videos for the different times tables. Complete the attached sheet and play hit the button to practise further.

<https://www.bbc.co.uk/teach/supermovers/times-table-collection/z4vv6v4>

<https://www.topmarks.co.uk/maths-games/hit-the-button>

1:00pm – Afternoon Zoom check in

John Muir Project. 1:30pm – 2:30pm

The John Muir project is a project designed to improve the environments of the local area. Therefore in these lessons I would like our pupils to think about how they can improve the local environment around them.

It is very important that everyone follows the social distancing guidelines set out by the government. So if you do not have access to a garden or another suitable place away from crowds, then please work on improving an indoor space instead.

It's a great time to get planting if you have any seeds around. Here are some other ideas:

- Clear and tidy the area (sweeping leaves, moving obstacles)
- Pick up litter (be sure to use gloves and other protective equipment)
- Sweeping up leaves

- Mow the grass (check with an adult first)
- Create a bird feeder.
- Weeding
- Planting new flowers / veg
- Painting or varnishing fences
- Pruning or cutting back plants

Share anything else you think of and we'll discuss these as a class.. This will be an ongoing project that you can keep coming back to.

My suggested activity this week is to make a bird feeder. One possible way to do this is shown here:

<https://www.youtube.com/watch?v=7yV6V6rtpyc>

Or a simpler version is here:

<https://www.youtube.com/watch?v=qtZZAMOYG-s>

Lesson 4: Food Technology. 2:30 onwards

In food technology today I'd like you to continue to help with cooking the family dinner, but I also want you to do some investigating. Can you find out where your food has come from (and I don't mean which supermarket!). On the packaging there is usually a label to say in which country the food was made in.

How much is made locally and how much comes from further afield?

Why do you think that we don't make all our food in this country?

What would change if we couldn't buy in foods from other countries? What foods wouldn't we be able to eat any more?

If you would like to share anything with me from the day, please do so via email.

Joe